

Toys for Babies

Babies learn about the world and their language by exploring objects and interacting with other people. Their eyes are looking. Their hands are touching. Their ears are listening. Their mouths are tasting. Their voices are practicing and imitating. Their feelings are getting organized. All this activity lays the groundwork for trusting relationships and develops children's thinking.



Babies have no need for special toys, videos, or flashcards. What babies need is a safe place to explore with lots of talking and interacting, quiet playing and singing, and regular eating, sleeping, and cuddling with people who love them and protect them.

A great toy for babies is a safe common object that the baby can hold, chew, drop, bang and share!

Inexpensive Toys that Babies Love:

- ◆ Towel or scarf for peek-a-boo
- ◆ Big plastic shower curtain rings to chew
- ◆ Small metal bowl to fill and dump
- ◆ Balls of different sizes and textures
- ◆ A stuffed animal to cuddle and pretend
- ◆ Cardboard book with one object per page
- ◆ Bath water and a sponge
- ◆ Music for listening, dancing and singing

More Resources:

ZERO TO THREE, Pointers for Parents: Play to Learn
www.zertothree.org/play

