

Helping Children Become Happy and Successful

“Recent brain research tells us that the best way to help very young children get ready to do well in school is to give them warm, responsive, and consistent care when they are little.”

Rethinking the Brain -- Families and Work Institute, 1997



Protect children from stress and danger.



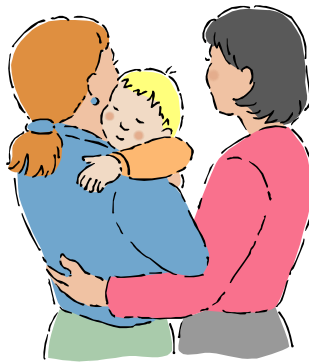
Communicate back and forth.



Have fun and interact as you take care of children's basic needs.



Accept and name feelings. “That makes you so happy!”



Watch children's signals. Sometimes they need comfort rather than stimulation.



Help children learn to “Do it myself!”

More Resources:

www.pbs.org/parents/earlylearning/parenting.html

www.zerotothree.org